



Dorset Health & Wellbeing
Board 24 March 2021



Prevention at Scale Strategy: prevention and early intervention work being carried out across Dorset.....



The voluntary and not for profit sector across Dorset provides an often overlooked but vital role in helping to promote health and wellbeing at a community level. Its ability to provide services and capabilities tailored to local need using local volunteers means it is often more likely to reach the poorest and most-in-need in communities than statutory services - it should be **central** to an effective delivery of the Prevention at Scale Strategy.

Greater engagement and collaboration across sectors

Examples:

1. Dorset Council-led CV19 Response team bringing together VSCE (inc DCA, VCD, CAB, Age UK, Dorset Racial Equality council working alongside Dorset Council and CCG)

- Mobilising VCSE emergency support services
- Emergency provision focus for vulnerable people, e.g. Mutual aid groups, Food parcels, Prescriptions, etc

2. Development of local delivery framework/micro commissioning model

Impact of CV19 lockdowns on VCSE early intervention activities

- Some traditional social support services shut down during lockdowns, other new ones started by COVID support groups e.g.
 - Befriending services
 - Exercise classes
 - Adult education & health classes e.g. diabetes, stroke etc
 - Fuel poverty support
 - Community cafes
 - Etc etc
- We need to support getting these preventative services sustainable and better linked to the statutory services.

DCA supporting recovery of VCSE early intervention activities

Based on earlier sector surveys DCA has estimated that **around 70% of all VCSE groups are delivering a service that leads to a wider health & well being benefit for people**

As many of these are very local interventions, how can we scale the existing ones while making the newly formed local COVID support groups sustainable? If we can achieve this, we can develop solutions that can meet the increasing need. DCA plans to:

- Support Community Spaces (e.g. village halls and other VCSE services) to reopen safely, and to restart delivering essential social services for isolated rural communities.
- Build an “Academy” to strengthen VCSE capabilities, skills and processes, and support the sharing of best practice.
- Support delivery of the “micro-commissioning” model to help direct small-scale funding to the local voluntary activities that can deliver the maximum benefit. We have the network.
- Help communities develop new services as a result of changes in need brought about by CV19

Summary of Prevention and Early Intervention

- Enabled improved access to self-management apps, digital consultations across both primary and secondary care, advice and guidance including:
 - **App library** to support self-management
 - **Our Dorset Video library- Self care video**
 - **Healthier together website**, providing support and advice on managing children's health for families and consistent pathways of care for paediatrics across Dorset ICS
 - **Long term condition management** digital approaches for COPD, diabetes, CVD and asthma, providing access to social prescribers, health coaches and clinical teams ensuring personalised care. Remotely monitoring of people with hypertension together with education and support to identified groups who are risk stratified through our Dorset Intelligence and Insight Service (DiiS).
 - **Pulse oximetry** - remote monitoring by a clinical professional through a COVID-19, digitally enabled, virtual ward. Enabling earlier, more timely intervention, resulting in improved outcomes
- Primary care screening programmes
- Flu plan and campaign
- Vaccination programmes including Covid 19 mass vaccination programmes
- Health Checks – such as LD annual health checks, SMI health checks
- Population Health Management programme
- Covid-19 insights tool - tool is used within PCNs to identify those at greatest risk to ensure they are supported appropriately; this includes identification and support to access preventative programmes and long term conditions management for those at most risk



**DORSET & WILTSHIRE
FIRE AND RESCUE**



Our priorities



Making safer and healthier choices

This is about educating people to the dangers around them and preventing risky behaviour.



Protecting you and the environment from harm

This is our legal obligation to keep buildings and businesses safe for people to use.



Being there when you need us

Our emergency service responds quickly to people who are in danger or distress.



Making every penny count

It is important we are well managed and that we spend our budget wisely, and maximise what we do with it.



Supporting and developing our people

Making sure our people are at the centre of everything we do; are well-led and have the right approach, knowledge and skills, which is crucial to the success of our Service.

**PASSIONATE ABOUT
CHANGING & SAVING LIVES**

Prevention

Education

- Create safe & healthy communities
- Encourage positive choices
- Delivered to KS1 & 2 children
- 41,000/17,000 – annual reach

Youth Intervention

- SPARC, Princes Trust (PT), Cadets
- 22 courses to 278 attendees
- VFM – £1 = £2.99 (PT)

Safe & Well

- Target risk reduction visits
- Reducing impacts across agencies
- VFM - £1 = £3.98
- 12,800/7,500 – annual reach

Covid – (Q1-Q3)

- Positive engagements – 14,269/7,176
- 600,000 – social media reach

Road Safety

- SDSA, Survive the Drive, Biker Down
- Virtual reality
- 18,000/7,000 – annual reach

Firesetters scheme

- Early intervention
- Arson reduction
- VFM - £1 = £4.52
- 40% reduction in youth reoffending

Other:

- Agency partnerships (180) – Referrals, shared messaging, collaboration
- HWB's, Area boards, Safeguarding
- Volunteer programme
- Themed education – Water safety, weather related, celebrations/seasons

PASSIONATE ABOUT

CHANGING & SAVING LIVES

Workplan Items for 2021/22 with a focus on Prevention

- **Improve awareness of when and how to access primary care**
- **Gather feedback on people's experience of primary care services**
- **Use that feedback to help Commissioners and Providers take action to address barriers preventing access to primary care - including a focus on health inequalities, digital consultations and issues around digital exclusion.**
- **Covid vaccine programme and transport**
- **Use feedback from our vaccine survey to help NHS improve access and address inequalities: <https://healthwatchdorset.co.uk/project/covid-19-vaccine-prog/>**
- **Young Listeners**
- **Our new youth group will design an engagement project this year to inform children and young people's health and care services**

Dorset Police

- Safer Schools
 - Working in partnership to identify young people at greatest risk of becoming involved in anti-social behaviour, crime and wrongdoing
- Cadet Scheme
 - Implement cadet schemes in every Neighbourhood Policing Team by 2023 based on the four national objectives
- Adult Early Intervention Team
 - Intervene in the life of individuals with complex needs to problem solve and deliver health-based solutions to reduce demand on services and improve the quality of their lives
- Youth Diversion Scheme
 - Early intervention in the lives of 10-17-year olds, before proven offending has occurred
- Suicide Intervention
 - To progress the real time surveillance of suicide attempts in collaboration with key partners



Prevention at scale – current work Dorset Council

Public Health Dorset

- Leading system insights work on inequalities
- Good progress on our Best Start in Life programme, with key priorities to improve emotional health and wellbeing, increase school readiness and increase physical activity
- Expanded LiveWell Dorset offer
- Expanded mental health support for staff across the system, including the care sector
- Physical Activity strategy developed as part of the Dorset Council HWB strategy
- Supported development of business case on smoking cessation in secondary care

Healthy Places – Dorset Council Place directorate

- Linking Rights of Way, Long Distance Trails and Public Open Spaces with Public Health access to nature mapping to ensure communities have adequate provision of local accessible space for natural exercise.
- Providing programmes of volunteer led cycling and walking opportunities in local communities
- Bespoke green exercise referral programmes
- Natural Choices and Stepping into Nature programmes signposting to green exercise opportunities
- Securing additional national funding for the Dorset Healthy Homes programme

Dorset Council – Adult Social Care and Children’s services

- Supporting Adult Social Care & Housing transformation programme
 - Enabling people to stay within their own homes for as long as possible enabling better physical and mental health outcomes
- Delivery of the Children, Young People and Families Plan (2020-23)
 - Working to make Dorset the best place to be a child,
 - where communities thrive and families are supported to be the best they can be

Dorset County Hospital – Areas of focus

Reducing health inequalities in access and outcomes

Focussing on prevention and management of

Long Term Conditions with community, primary, LA,

voluntary and community partners

Improving staff well-being

Using our role as an anchor institution to create

Social Value to improve the economic, social and

environmental well-being of our population

Our Social Value Pledge

Dorset County Hospital commits to reduce inequalities and improve the overall wellbeing of the local community we serve.

Social Value describes our wider role in helping to improve the economic, social and environmental wellbeing of our communities.

WE PLEDGE TO:



maximise local investment



champion equality, diversity and inclusion



increase local employment



be green and sustainable



be a good employer



promote civic partnership

Our commitment to delivering our Social Value pledge will contribute to a lasting, positive social impact for the community we serve.

Dorset County Hospital - A Few Examples

Collaboration with the 6 Primary Care Networks (PCN), and Locality Hubs to support out of hospital care, keeping people healthier and helping get people home

Respiratory – using population health tools and data to enable early intervention and risk stratification for Weymouth & Portland populations through the W&P PCN

Diabetes – consultants linked to each West Dorset PCN

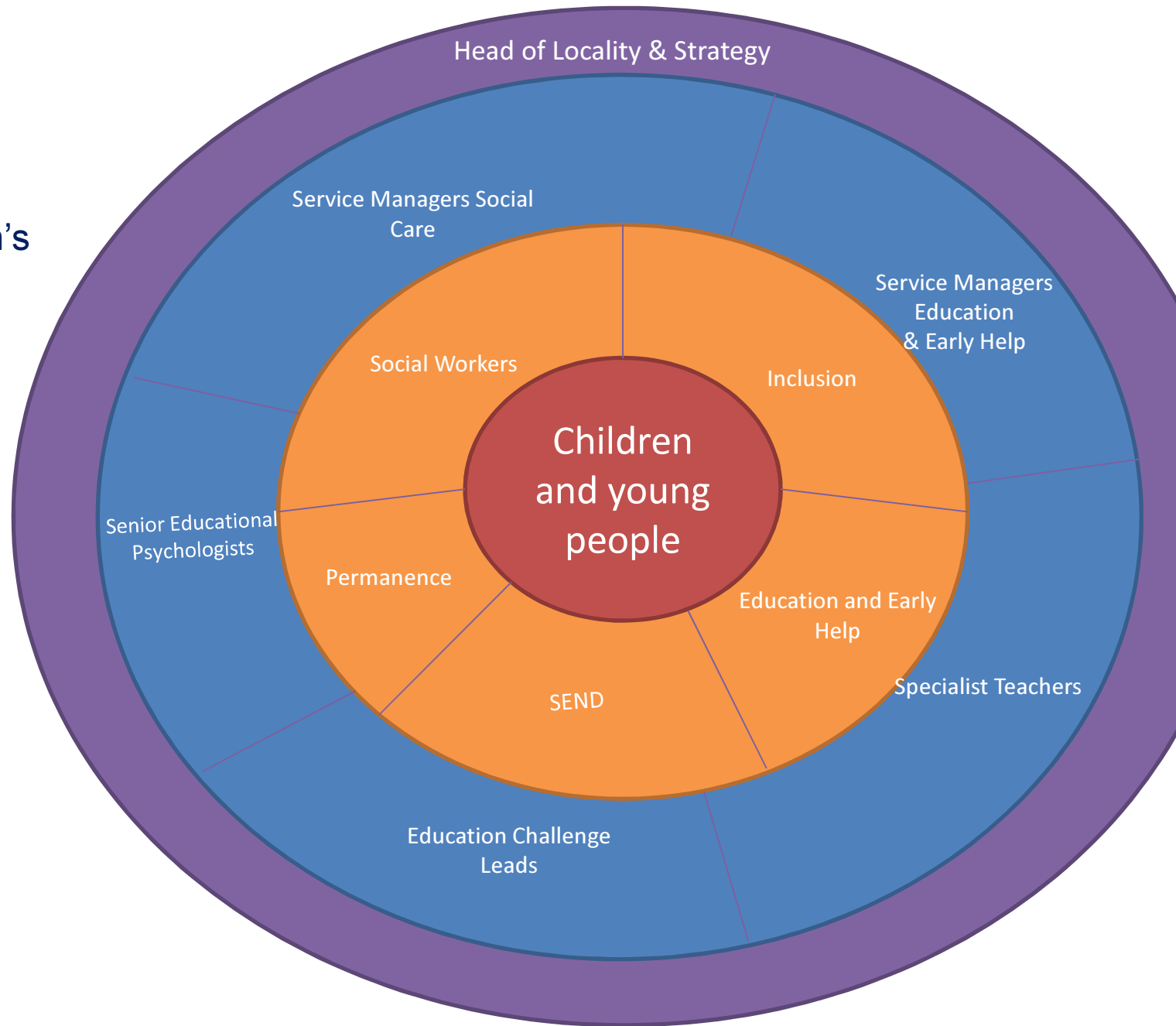
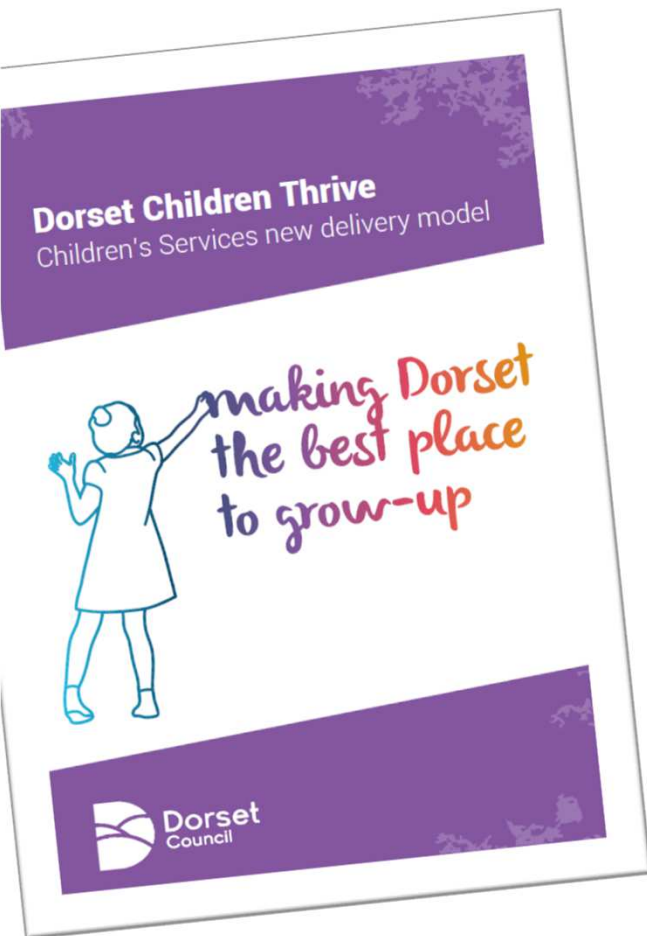
Staff well-being programme – providing free access to physical, mental, economic and social well-being services

Social Value – 46 opportunities for work placements through the Kick-Start Scheme, local procurement policy

DCH Health Inequalities Programme – creation of Clinical Lead for Health Inequalities

Dorset Children Thrive:

A new model for delivering Children's Services



Aligned to our partnership – shared values and principles

Always putting children and families at the heart of everything we do – including in how we develop and shape services

No child or family left behind – we will strive for equity of outcomes for our children, young people and their families

Focussing on early intervention and prevention aiming to help early in the life of a problem and provide a graduated response to need – the right help, in the right place at the right time

Working restoratively, doing things with families instead of to them, for them or doing nothing

Thinking Family and working together so that children and families receive a joined-up response and good transitions

Focussing on strengths within families and communities, understanding the lived experience of children

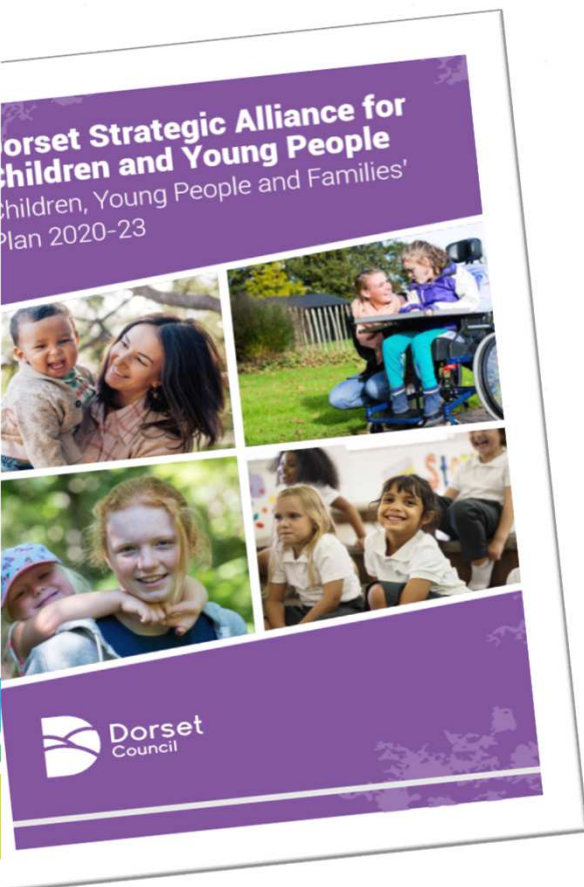
Staying with families until outcomes are delivered, embedded and change is sustained

Being inclusive – we want our children and young people to be able to get the help they need in the county that is their home

Empowering young people and families to use the information we give them to make decisions for themselves

Delivering best value for money - spending the Dorset £ in Dorset on the things that get the best outcomes for children and families

Children, Young People and Families' Plan 2020-2023



Best start in life:

Re-imagining how services are delivered to families who are expecting and have pre-school children; ensuring the best possible start in life; and improving school readiness.

Young and thriving:

Setting up our young people for success in adulthood; ensuring young people have a strong voice; good emotional wellbeing and mental health; preparation for adulthood; and preventing family breakdown.

Good care provision:

Keeping our children close to home; ensuring partners are the best corporate parents; making sure there is sufficient care provision locally (foster care, residential and short breaks); supporting young people at risk of homelessness; and suitable and safe housing for care leavers.

Best education for all:

Supporting schools and educational settings to deliver the best education possible; ensuring all children and young people can achieve their full potential; meeting the needs of children with SEND and building inclusive school cultures.

Best place to live:

Ensuring our children and young people have accessible things to do and places to go; can get involved and influence decision making; that they experience safe, welcoming and inclusive places; contextual safeguarding; and that we work as a partnership to provide a cleaner, greener environment for our children and young people to grow up in.

Delivering locally:

Joining up services in Dorset to become a whole system that strengthens the ability of families to care and sustain their children; embedding the new model of children's services; identifying opportunities for service integration; and building on community assets.

Adult Social Care & Housing

- Carers strategy and identified of unknown unpaid carers enabling them to be supported and early identification of the next generation of potential ASC clients
- Transformation via ABL (A better life) designed to build on people's strength and abilities
- Transformation via BBL (Building better lives)
- Working age adults support to employment giving everyone a potential work opportunity
- Redesign of hospital discharge via HomeFirst and a subsequent redesign of the reablement services focusing on therapy lead strength based work
- Development of a Community Front door building on the work with community sector during Covid
- Homelessness prevention programme & Lifetime Homes programme